

**SAU 50
Grades 6-8
Physical Education
Responsible and Social Behavior**

Responsible Behavior--exhibiting safety with use of equipment, following rules, and accepting feedback.

Social Behavior--respects and works with others.

SAU 50 District Competency:

Students will independently use their learning to...

Be a safe and respectful role model when engaging in activities.

Essential Questions

How can I manage my behavior to better enjoy physical activities?

How can I show respect during physical activities?

Acquisition

- I can make my own choices about types of activities based on interest, ability, and goals.
- I can self-assess to analyze and improve my performance.
- I can provide respectful and positive encouragement and feedback to my peers.
- I can resolve conflicts during activities.
- I can work well with others during different activities.
- I can be respectful of myself, peers, adults, equipment, and rules during a physical activity.
- I can manage my behaviors during a physical activity.
- I can cooperate and communicate with others.
- I can help others learn skills in a respectful way.
- I can follow the etiquette of the physical activity.
- I can make everyone feel part of the group.
- I can be safe.

Standards

Society of Health and Physical Educators Standards

Key to Standard Notation:

S4.M1.8: **S4** (*number of standard*) **M1** (*Middle School and domain*) **8** (*grade level*)

4. Exhibits responsible personal and social behavior that respects self and others.

S4.M1.8: Accepts responsibility for improving one's own levels of physical activity and fitness.

S4.M2.8: Uses effective self-monitoring skills to incorporate opportunities for physical activity in and outside of school.

S4.M3.8: Provides encouragement and feedback to peers without prompting from the teacher.

S4.M4.8: Responds appropriately to participants' ethical and unethical behavior during physical activity by using rules and guidelines for resolving conflicts.

S4.M5.8: Cooperates with multiple classmates on problem-solving initiatives including adventure activities, large-group initiatives and game play.

S4.M6.8: Applies rules and etiquette by acting as an official for modified physical activities/games and creating dance routines within a given set of parameters.

S4.M7.8: Independently uses physical activity and fitness equipment appropriately, and identifies specific safety concerns associated with the activity.

[Society of Health and Physical Educators Standards](#)

References:

American Alliance for Health, Physical Education, Recreation, and Dance. (2013). *Grade-level outcomes for K-12 physical education*. Reston, VA: Author.